



Redefining Trauma: Finding Hope

A Wellness 66 Seminar

Join us April 21, 2017 as Wellness 66 explores the topic of trauma. During this day-long seminar, keynote speakers will discuss redefining what trauma looks like in our society today, the effects traumatic events can have on the whole person, physically, mentally, and spiritually, as well as the most up-to-date and researched practices and community resources available to help individuals effectively cope with these all too common difficult life experiences.

Guest Speakers:

Andy Killingsworth, Ed.D.

Lead Therapist at TriStar Centennial Parthenon Pavilion Intensive Outpatient Program

Alan Lynch, MD

Psychiatrist and Addictions Specialist
TriStar Centennial Parthenon Pavilion

Rubel Shelly, Ph.D.

Author and Professor of Religion and Philosophy

Bethany Haley Williams, Ph.D.

Matthew Williams, M.A.

Founders of Exile International

4.5 Hours of CEUs will be provided.

**Friday,
April 21, 2017
8:15 AM – 3:15 PM**

Harpeth Hills
Church of Christ
1949 Old Hickory Blvd.
Brentwood, TN 37027

Questions regarding the seminar, contact Robyn Arab at: 615-294-1642

Attendance is free.

Registration is required.

Call **615-342-1919**
or visit

TriStarHealth.com/Events

TriStar  **Centennial**
PARTHENON PAVILION



Lipscomb University is providing CEU's.



Resource
Center ^{on}
Aging

*at Harpeth Hills
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